

**English for Stressful Situations
Aviation English Course**

Regent Cambridge

Course Outcomes

By the end of the one-week course participants are:

Familiar with talking about non-routine situations in English
Able to control their emotions and stress levels when dealing with non-routine situations
Able to use more accurate and precise vocabulary, grammar and functional language relevant when confronted with non-routine situations
More confident in speaking in high stress situations
More knowledgeable about UK aviation having attended three off-site aviation activities
Aware of clear and measurable on-going development targets for themselves, developed through personal coaching

Course Outline

The English for Stressful Situations Course develops participants' skills and language firmly in the context of non-routine aviation English situations. Each day is divided into five one-hour sessions with an opening plenary and three aviation-related activities. Each specific session has a set focus to target participants' English needs precisely and the one-hour duration of lessons ensures lessons are fast-paced and clear objectives are achieved each hour.

Plenary

The day begins with a whole-school presentation led by teachers, the Principal or Academic Manager and students. It is an inspirational 15-minute session to kick start the day and focus students' attention on themes to broaden horizons, to increase world knowledge and develop learning strategies.

Skills Training

This session develops listening and speaking skills and strategies in the context of non-routine aviation English. It provides practice and development of both language and non-linguistic strategies needed to cope with non-standard situations.

Accuracy Under Stress

The next session of the day follows the theme of the previous Skills Training lesson, developing functional language structures necessary for pilots, air traffic controllers and other aviation personnel to communicate accurately under stress.

Active Scenario

The third session of the morning uses scenarios and role play to replicate the stressful conditions of non-routine situations for pilots and air traffic controllers. Participants are actively engaged in the task as they analyse a set scenario and use their judgement to take appropriate action to achieve an end result. Sub-skills of giving opinions, decision-making, reaching agreements, assigning tasks and problem-solving are developed throughout the week. Role plays are filmed, or conducted in front of an audience, or both.

Vocabulary Focus

The afternoon sessions work as a pair with specific aviation vocabulary introduced in the Accuracy lesson, such as coordinates and navigation, weather conditions, technical failures, communications, measurement, medical emergencies, movement and manoeuvring, preparing participants for a spoken task focused on a non-routine situation in the final hour of the day.

Spoken Performance

The final session of the day activates the participants' new language and vocabulary in a non-routine situation that requires the ability to think on one's feet, respond and interact spontaneously, and speak fluently and extensively.

Aviation and Cultural Activities

A number of aviation-specific cultural activities are organised during the week including a trip to the Imperial War Museum at Duxford (the UK's largest aviation museum) and a visit to the Cranfield University Air Traffic Management Laboratory and control tower. Regent Cambridge also invites local aviation professionals to join participants for a long working lunch to discuss their role in an authentic conversational environment. Participants can also join our regular school cultural activities including a first day tour of Cambridge's historical centre and a Thursday social event such as a group dinner in a traditional English pub.

Coaching

All students receive a 15-minute coaching session each week with their teacher in which they discuss their goals and are supported in achieving them. This is a unique opportunity to personalise the learning and focus explicitly on improving areas of weakness and developing strengths even further.

Sample Timetable*

	Monday	Tuesday	Wednesday	Thursday	Friday
08.45-09.00	<i>Plenary</i>				
Skills Training 09.00-10.00	Listening Flight Control Systems	Non-linguistic strategies Emergencies	IWM Duxford Aviation Museum Visit <i>Accompanied by a teacher</i>	Non-linguistic strategies Managing emotion	Listening Risk
Accuracy Under Stress 10.15-11.15	Expressing Purpose and Giving Instructions	Intentions, Necessity, Cause and Effect		Orders and Requests	Obligation, Prohibition, Permission, Possibility and Probability
Active Scenario 11.30-12.30	Case Study Part 1	Case Study Part 2		Working Lunch with a local pilot <i>Accompanied by a teacher</i>	Case Study Part 3
Lunch Break 12.30-13.30	<i>Lunch with long-term students</i>	<i>Coaching Sessions</i>			<i>Coaching Sessions</i>
Vocabulary Focus 13.30-14.30	Vocabulary Medical Emergencies	Cranfield University Visit – Air Traffic Management Laboratory <i>Accompanied by a teacher</i>		Vocabulary Adverse Weather Conditions	Vocabulary Mechanical and Electrical Problems
Spoken Performance 14.45-15.45	Task Locating a flight			Language Extended feedback and correction from the lunch	Task Trouble Shooting
	Tour Of Cambridge			Optional Whole-School Social Event	

*Precise days and times of activities is subject to change based on local alterations beyond our control

